## FICAL HINTS

## The Home

#### MARY HARDING

It to tell whether the averiking for sugar is instincvery few children emerge rsery stage without leaving The Red Cross, artificially stimulated in

red indiscriminately between shortly. he appetite will be spoilt; if Vote of Sympathy. which are of more value. s so bad for the teeth, and quently to early decay, g of sweets without the insing of the mouth after-

rould also be careful not to eets as a form of bribe or good behaviour, taking the oper discipline, for the child ved to "tease" for sweets, to as a matter of course, and ndu gent and greedy in this ling a poor character.

m, then, should the sweets ake? Naturally, they must be good quality, and in winter extra sugar and fats are rewarmth creamy toffees, chocare valuable to health.

sugared varieties are iled and d, and barley sugar ining glucose are often for children who lack e subject to billiousness.

WASHING UP.

the washing up in the same

# GLIN ITEMS

(From Our Correspondent).

Whist Drive.

On Sunday evening next a grand whist drive will be held in St. Joseph's Hall under the auspices of the Christian Brothers. Valuable prizes will be given and during an interval tea will be served. The Orphanage Band will discourse a choice selection of music.

A general meeting of the Red Cross How far the liking should Branch was held during the week, Rev. s another point upon which Father O'Grady, C.C., Chairman, pre- were in abundance. siding. The Knight of Gin and Madame Which Is It? now hold the stern rule Fitzgerald were amongst those present. s allowed," but all doctors, Miss Moore, hon, secretary, was instrucdentists agree that they ted to purchase first aid outfits for the either one or other of e given to children just be use of the classes conducted by Mrs or after the teeth have Pollock, who has kindly placed her services at the disposal of the Branch. Dr. This plentiness of hares bad for the teeth if sweets John Barrett, M.O., an indefatigable a successful season. without cleansing of the worker, consented to give additional Obituary. oon afterwards as possible, lectures and first aid in preparation for s to reason that they should the examination, which is to be held

eets are eaten just prior to On the proposition of the Rev. Chairchild will not be properly man, a vote of sympathy was tendered d he will probably refuse to Mr. David O'Leary, an esteemed member of the Branch, on the death of his sister, Mrs. Hogan, ex-N.T., Banagher.

Emergency Council.

Very Rev. Canon O Carroll, P.P., presided at a meeting dt the Emergency, or Correspondence was Parish, Council. J. J. Berkery, County read from Mr. Commissioner, on the question of food stocks in the shops. The Commissioner urged that garden allotments should be put under cultivation. It was decided to inform the Commissioner that the traders were holding good stocks; that wheat cultivation was good, and that garden allotments were being tilled.

Needed Works.

The Council expressed satisfaction at the news that the town footpaths would be concreted in the near future. hope was expressed that the pier would be made safe for heavy traffic, it being pointed out that this facility was indispensable to Glin and district.

Tarbert Court. At the Tarbert District Court, before Mr. C. S. Kenny, B.L., D.J., Thomas Mangan, Cahara, Glin, was fined 20/- for driving a motor van in a negligent man-

### BRUREE

(From Our Corre

Coursing.

The opening half of Rock Hill Coursing Cl son was held at Rock Sunday, 13th inst. The c coursing and with a pl hares sport was good. T over were Knockann and Lotteragh. On Sur the meet was at Bruree ted were Ballynaught,

Dividing the two day one hare was pulled the hares are extra fl are slow. Time will tell

The death occurred on Thursday, 17th ins ence, Derawlin, Bruree Fenton. The deceased gentle disposition and in our midst she endea by her exemplary man her passing away at a evoked deep regret. The removed to Rock Hill day evening.

The Funeral.

The funeral, which w presentative, took place the family burial gro Rev. 'Father O'Donnell, sisted by Rev. Father and Rev. Father Crow the graveside. To her latives we tender our : Another Death.

The death took place gan. Ballynaught, on instant. The deceased advanced age and enjo right up to the last. Th was a perfect gentlema upright, straightforward to lend a helping hand The Obsequies.

The remains were re Church on Friday ever by a large gathering o funeral took place on family burial ground