

es as follows:—  
 After suffering for eighteen  
 s from rheumatism in my arms,  
 ds, legs and feet, I decided two  
 ths ago, to give Kruschen Salts  
 rial. I am glad to say I have  
 ived great benefit from them. I  
 e attended hospital for electrical  
 tment, and tried numerous so-  
 ed remedies, none of which have  
 efited me at all. My hands have  
 n so bad at times that I have  
 n unable to hold anything with  
 m. Since taking Kruschen Salts  
 ave been able to do practically  
 thing I want. I shall always  
 commend them.”—(Mrs.) L. B.  
 nless the kidneys—or body filters  
 nction properly, certain acid  
 tes, instead of being expelled,  
 allowed to pollute the blood-  
 am and produce troublesome  
 ptoms: rheumatism for one;  
 ressive fatigue for another.  
 ruschen Salts is one of the finest  
 retics or kidney aperients avail-  
 e for assisting the kidneys to  
 rete acid impurities by direct  
 on on the renal cells, thus  
 sing a more rapid and copious  
 “washing” action and washing  
 y of those harmful acid waste  
 ducts.  
 ruschen Salts is obtainable at  
 Chemists, price 1/9 per bottle.

## KILL ACID AND END CONSTIPATION

When your stomach is full of ex-  
 s acid it simply cannot digest  
 r food. Every mouthful sours—  
 r whole meal lies in your  
 mach a fermenting, lumpy mass.  
 a get wind, nausea, heartburn—  
 NSTIPATION. Constipation im-  
 ons the poisons and waste  
 ter inside your bowels, soaks  
 r whole system with acid and  
 ts the vicious circle of torture  
 ver again.

ut you can break free, if first  
 get rid of the acid.

or years doctors have been re-  
 mending the safe brand of ant-  
 l, ‘Milk of Magnesia,’ as a  
 tive because it has a double  
 on. The acid in the system is  
 ed. More important still, the  
 el is gently relaxed and both  
 se and effect of constipation  
 e gently out of the system. With  
 bowels regular and the stomach  
 from acid, stomach, liver, and  
 els have a chance to do their

remember that constipation and  
 digestion are both due to excess

though these restrictions may be  
 regarded as a necessary evil, the  
 great bulk of the people are obeying  
 them wholeheartedly and are co-  
 operating with the authorities to  
 the fullest extent in their power in  
 their efforts to check the progress  
 of the disease. In the affected  
 areas, the most serious result of  
 these outbreaks is the total pro-  
 hibition of all fairs and markets.  
 This is having a most disastrous  
 effect on the economic life of the  
 country.

\* \* \*

### Deeply Regretted.

An event which everybody who  
 knew her will learn with extreme  
 regret, has been the death on last  
 Saturday, the 26th ultimo, of Miss  
 Kit. Flaherty, only daughter of Mr.  
 William Flaherty, of Upper Athea.  
 Possessed of a singularly winning  
 disposition and blessed by nature  
 with exceptional good looks and an  
 intelligence of an unusually high  
 order, this bright young girl's de-  
 mise is rendered all the sadder by  
 the fact that she was only in the  
 opening bloom of early young  
 womanhood. Gentle and unassum-  
 ing in her manner and affectionate  
 in her disposition, the deceased girl  
 was always extremely popular in  
 the district. The deepest sympathy  
 is felt in the locality for the ber-  
 eaved parent and brothers of the  
 deceased girl and to these the con-  
 dolence of the public is extended  
 for the great sorrow that has over-  
 taken them.

\* \* \*

### Another Death.

Another death which has been  
 widely regretted has been that of  
 Mr. Thomas O'Sullivan, fourth son  
 of the late Mr. Thomas O'Sullivan,  
 baker, Athea. This sad event  
 occurred some weeks ago at Ennis-  
 tymon, County Clare, where the de-  
 ceased had been carrying on a most  
 successful business for some years  
 past. When a lad of fourteen, the  
 late Mr. O'Sullivan was apprenticed  
 to the hardware business and in-  
 dentured to the late Mr. Michael  
 P. Woulfe, of the Agricultural  
 House, Newcastle West. On the ex-  
 piry of his apprenticeship, he was  
 engaged by his employer as an  
 assistant and remained with him  
 for some years. He subsequently  
 went to Ennistymon as manager  
 of a somewhat important business  
 concern. Deceased was very popu-  
 lar in Ennistymon and the im-  
 mense funeral cortege that attended  
 at his obsequies bore eloquent  
 testimony of the esteem and respect  
 entertained for him by his fellow-  
 townsmen. R.I.P.

behalf of the first aid class he pa-  
 a warm tribute to the genial doct  
 for the painstaking and interesti  
 manner in which he delivered  
 his lectures, and for his kindne  
 and courtesy to all of them. Co  
 tinuing, the Rev. Chairman sa  
 that it gave him great pleasure  
 have the opportunity to show in  
 practical manner the appreciati  
 of the people of Herbertstown  
 Dr. Cleary's great work for the si  
 and especially for the sick poor  
 the parish, and for his close a  
 careful attention to them at  
 times. They had evidence of  
 great interest in Herbertstown  
 the splendid way he had help  
 them a few years ago at t  
 carnival, and he was sure Dr. Clea  
 had a warm corner in his heart  
 Herbertstown. Concluding,  
 wished the doctor and Mrs. Clea  
 many years of happiness and pr  
 perity.

\* \* \*

### Dr. Cleary Replies.

Dr. Cleary, speaking on behalf  
 Mrs. Cleary and himself, said  
 was very grateful to the Branch  
 their beautiful gift, and for t  
 kindness which prompted it.  
 always gave him great pleasure  
 come to Herbertstown. He had  
 ceived every kindness and co  
 sideration from Father Fitzgera  
 Senator O'Dwyer, Mrs. Breen a  
 every member of the Branch, a  
 he assured them that it was for h  
 an occasion of much happiness  
 have been associated with them  
 the important national service th  
 had undertaken. He warmly co  
 gratulated those of the Branch w  
 had received certificates, and ga  
 them one word of advice, to cor  
 together occasionally and pract  
 the art of bandaging, because it w  
 only in that way that the knowled  
 they had acquired during the lect  
 could best be retained. He wish  
 to thank Father Fitzgerald for  
 complimentary remarks, and sa  
 that, seeing that his late father h  
 been a native of Herbertstown,  
 was no wonder that he had a spec  
 affection for the district. Speaki  
 for himself and Mrs. Cleary  
 much appreciated all their kindne  
 and he trusted he would have ma  
 pleasant associations with them  
 the future.

\* \* \*

### Entertained to Tea.

After the ceremony of the p  
 sentation was over Dr. and M  
 Cleary were entertained to tea  
 the Girls' School by Father Fi  
 gerald and the Red Cross Bran  
 The formality of the previous fun  
 tion gave way to quiet inform  
 happy conversation, so that t  
 evening ended on a note of subdu