

swollen muscles and joints. You will have seen Fynnon described as Nature's Salt of the Earth. That's right! For in Fynnon are the natural salts of lithium, potassium and sodium, which bubble up in the springs of famous spas. Folk who take Fynnon find that it not only gets rid of their rheumatism — it keeps their bowels healthily regular, their blood cool, their skin clear and their stomach comfortable.

The new 7½d. trial size of Fynnon Salt contains enough for a thorough personal test, the daily dose being a teaspoonful of Fynnon in a tumblerful of water. Get one of these trial sizes today from your chemist and see for yourself what amazing health benefits it can bring. If you are already buying the 1/6 size — what about an ailing friend who would be grateful for an introduction to Fynnon Salt?



Fynnon Salt

Tip to Farmers

Farmers all over the country are using

VICTALINE

for the treatment of Scour in Calves, because they know it never fails.

VICTALINE never fails when given in time. When you notice the first symptoms of scour give a dose of VICTALINE at once. Often a few doses are sufficient to effect a cure.

Always keep a bottle in the house in case of emergency.

PRICE, 4/9 PER BOTTLE.

If you have any difficulty in obtaining it locally, it can be obtained post free from the manufacturers:—

Simel Remedies,
14a EUSTACE STREET,
DUBLIN

TURF

FOR SALE

Thousands of
Tons

The Newcastle West Conference of St. Vincent de Paul Society has decided to continue the scheme introduced some years ago for the supply of turf to the poor of the district. As a result of representations made to the County Surveyor a substantial bank of turf has been acquired at Carrickerry and sections will be allocated to a number of needy families who will cut and save the fuel themselves. The work will be carried out under the supervision of a ganger employed by the County Council. The scheme will help to provide several poor families with a plentiful supply of turf for the coming winter.

Recent Death.

The death has occurred at his residence, Ballintubber, Newcastle West, of Mr. David Herlihy, P.C., member of a family that distinguished itself in the journalistic profession. He was brother of the late Mr. John Herlihy, former Editor-in-Chief of the "Irish Press," and of the late Mr. William Herlihy, Chief Reporter of the "Cork Examiner" for many years. Aged about 70 years, deceased was a sterling supporter of the National Movement and acted as Judge of the Sinn Fein Courts during the Black and Tan regime. He was appointed Peace Commissioner some years ago.

The Funeral.

There were striking manifestations of public sympathy at the funeral, which took place from Raheenagh to Killeedy Cemetery. All sections of the community were represented in the cortege, which was one of the largest ever seen in the district. Rev. P. Carroll, P.P., Raheenagh, assisted by Rev. Father Casey, C.C., officiated at the graveside. The chief mourners were—Mrs. Herlihy (widow); David, Edmond, John and Joseph Herlihy (sons); Joan Herlihy (daughter).

Facts of Interest.

According to returns recently made available there was a total area of 24,357 acres under the plough in Newcastle West Union in 1847. Of this area 4,612 was devoted to wheat and 19,187 acres to cereals generally. The figures may be regarded as of particular interest at the moment in view of the much discussed campaign for the increased production of food. The returns should help to refute the oft repeated assertion that most of the land in the area is entirely unsuited for tillage. It can hardly be any less suitable for cultivation to-day than it was nearly one hundred years ago.

Red Cross Activity.

Knockaderry Branch of the Red Cross Society will hold a very pleasant re-union during the week-

closure. In the opening major went to the visitor further 3 goals and 3 points annexed before the whistle, which left the Mitchelstown, 4 goals 3 points Charleville, nil.

Second Half.

The change over did not alter the position of the local team. Play was pretty much the same in the first moiety of the match. Charleville failed to register a score and with 3 more minutes to play a point to their credit. Mitchelstown won the cup with 7 goals 4 points. Mr. M. Connors referee.

C.C.'s Transfer.

The transfer to Mitchelstown of the Rev. Father James C.C., will be much regretted in the town and parish. During his ministry here for the past five years Father O'Keeffe was a sagacious and highly esteemed pastor, loved by all who came in contact with him. Of a kind and gentle disposition, ever ready to succour the needy who sought assistance, his departure from Mitchelstown will be a loss to the town, which had many friends. As Spiritus Sanctus of the local Sodality of the Sacred Heart he always took a keen interest in the progress of the town's fraternity, as well as in the work of the Fraternity Band, of which he was chairman.

FALSE TEETH NEED CARE

Modern dentures are often beautiful pieces of work. They are perfectly natural looking, and comfortable. They are often expensive as well, because of the costly materials that go into their making. When you get a new set of False Teeth it will be your duty to keep them well. Proper care is essential if you wish to avoid further expense later on. Proper care is extremely simple and costs about 3d. a week. Buy some Milton Denture Cream from your Chemist (he sells it for 6d., 1/- and 1/9) and place your dentures in a solution of it every day. Full directions are on every tin. Following them you will maintain your teeth that are smooth