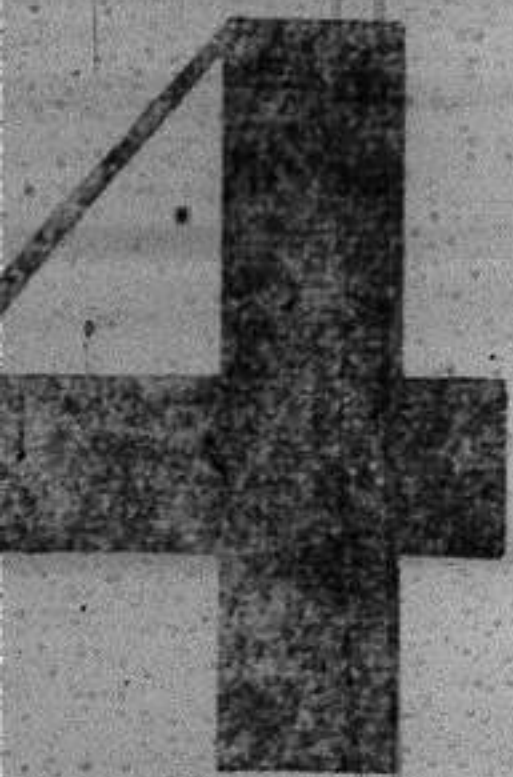


under pressure.

LEADING TO *lumbago, sciatica, neuritis, muscular rheumatism, joint pains, gouty pains, continuous rheumatic pain spreading.* If you have stiffness or pain which shows the presence of rheumatic acids go to your chemist — get a tin of Fynnon Salt NOW.

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however, when one remembers the influence of Norman-French in English circles in Ireland. In any case it is not my derivation. Much more skilful antiquarians seem to accept it unquestioned nowadays.

FOYNES AND DISTRICT

(From Our Correspondent).

Death of Mrs. J. Adams.

We regret to announce the death of Mrs. J. Adams, Barracks, Foynes, which took place on Wednesday morning of last week. The news came as a shock, as many were not aware that she had been removed to hospital for a serious operation. She was very popular, having a very agreeable and bright manner. To her sorrowing husband, father and brothers we offer our sincere sympathy in losing such a worthy member so early in life. On Wednesday evening the remains were brought to Foynes Church and at noon next day the funeral, which was a great tribute of respect, took place to the family burial ground at Knockpatrick. The officiating clergy were—Very Rev. Canon Rea, P.P., V.F., Shanagolden, and Rev. Father Quinlan, C.C., Foynes.

G.A.A. Dance.

As expected the G.A.A. dance was a great success last Sunday night. Jack Hayes's Band and Foynes dancers seem to understand each other perfectly. During the night Mr. Sean Dempsey very kindly gave a performance on the Uilleann pipes, which was highly appreciated. Mr. Dempsey has been heard many times from Radio Eireann and has broadcasted from Paris, Vienna, and other European capitals.

Ballyhahill Carnival.

Quite a few Foynes people travelled to Ballyhahill for the carnival last Sunday. The day was glorious and the crowd was in a merry-making mood. The tug-of-war contest was a very keenly contested affair. Loughill had to dispose of three teams before coming out on top. There was plenty of variety in the programme—pony races, sports and games of very kind.

LIMERICK COUNTY COUNCIL FINANCE ACTS, 1920 and 1921 and ROADS ACT, 1920.

Notice to Owners of Mechanically Propelled Road Vehicles.

The Limerick County Council, in pursuance of the powers vested in them under the Road Vehicles (Registration & Licensing) Order,

ing up the wick which tied to the wire you the little piece which already placed in position end and having made a will not go through the lower end you will put tight over the wire across and having seen that it will not slip you to pour in the melted other suitable mixture surround the wick. Cool and after some knot in the lower part and immerse the tube in hot water. Release the top and out comes

Scarcity of Flour.

At lot of people in the district are complaining cannot find flour at shops in the town. Instances where people potatoes three times. us hope that the day away when millers sufficiency for all.

ATHEA NO

(From Our Correspondent)

Gastric!

Throughout the district in the nature of a gastric seems to be prevailing time past. The worst according to information appear to be the aged but it is said that numbers of the young robust people are also grave is the complaint of those attacked had veiled to hospital. As fact, this visitation is sible—directly or indirectly number of recent deaths area. No doubt, people constitutions, or who a down condition from another, fall easy victims gastric trouble.

Versatile People.

People in the district ing themselves to meet cies of the present more ways than one. using milk instead of tea with a knowledge of drying and saving cere which they claim to be substitute for that corn is in the provision of for the coming winter more pronounced initiative perhaps. In a number the old metal moulds to be utilised by the ho the parish more than ago for the making of