# CAL HINTS

# The Home

RY HARDING EPING FIT.

ake of health and king is always to be The exercise, so effortless, promotes n, a healthy circulalirectly, is an invalueauty. On the score walking means the ose odd pence which wasted on short fares n, train. Walk and mically and keep fit! not be able to breathe regularly through the are afflicted with tke time to think to breathe correctly. provide a safeguard cold winds of winter nd also against the air of summer. If unlucky chance, the s slightly sore, or the s of the common cold ed, we should tackle t its local source by a mixture of salt and h one of the propriesold for this purpose. ay prove even better. l infection has been n up by inhaling the hot water in which of Friar's Balsam has n the case of a throat necessary, of course,

ough the mouth. An

ixture for this treat-

of a pint of boiling

ning a tablespoonful

salt. Most cases of

itis can be traced to

nple precautions and he first instance. CEEP POULTRY ? y keepers know more inciples than "backhe last war. All iny keepers know that uired for egg produch for energy. But if laying, it does not e diet lacks protein. formula of balancer igned to supply the eded to supplement te, which is likely to protein. Bad feedhe cause of low prodo not blame the Poor results are e to the wrong supmeal you get from ts needs a variety of alance it; but at this e year scraps are is easy to fall into ising only small and toes. The potato is arch and is liable to a mixture of various e is best.

STOCKPOT. ion of most soups is cook should neglect these days. It must d, however, that imck will make a poor kness of which can-

ly be disguised by

avour of herbs or

food, trimmings of ones, which would hrown away, can be stockpot and turned aterial. Almost any ided that it is suitor clear the stock, from time to time. ssist in clearing the en hard breadcrumbs in helping the scum needs careful skimboils up and when-

ntinuously the stock mmer the better and e, but it is advisable ut at night into an ontainer to prevent ables, especially turn the stockpot, are the liquor. Meat boiled again for a ut vegetables should second time. Stock left in the larder d day without being in stormy weather oiled daily.

BLE STOCK. from mixed vegetturnips and carrots used, and, if liked, a little parsley and dded. Four pepperfor seasoning, and oves can be put in

es are washed and pieces, and then about 2 oz. of fat inutes in a covered erbs and a sprinknd the peppercorns the vegetables and ght to the boil. The left to simmer for s in a covered pan

be given to any of y the addition of s, small pieces of poultry, or boiled

T GLASGOW.

ng to smuggle 20 se counterfoils out chael Comyn was asgow.

# SPRING WHEAT

# Further Appeal

BY THE MINISTER FOR AGRICULTURE

The following further appeal for the sowing of more wheat was broadcast by Dr. Ryan, Minister for Agriculture, on March 31st:-Last October I appealed to farmers to give us in 1942 a wheat acreage sufficient to ensure an adequate supply of bread for every man, woman and child in the country during the twelve months following next harvest. Since then the gravity of the food position has been stressed again and again by many speakers and every thinking person now realises that so long as the present emergency lasts we must rely almost entirely for wheat on our own resources. Great progress has already been made towards self sufficiency in bread. Throughout the country, fields of winter wheat can be seen in various stages of growth, healthy, vigorous and promising. During recent weeks a considerable area of spring wheat has been sown but I am afraid the total area to date is nowhere in the region of the 650,000 acres which we require. Because of this I now make a further appeal for more sowings in the few weeks that are still left. Some farmers may reply that they would willingly till more than the law requires if only their recalcitrant neighbour were compelled to do his part. If this neighbour is afraid to "defile" his rich pastures, or if he decides to take a chance on tlling less than his quota, he will be dealt with. Already many holdings have been taken over and either cultivated directly by the Department or let for conacre tillage. A few may escape the net until the sowing season is over, but we have then the whole summer to re-inspect and to check up on our lists. By that time I hope the Courts will have got the necessary powers to deal adequately with

But many farmers who do not intend to evade the tillage regulations hestitate to grow wheat lest it may permanently lower the fertility of their grazing land. Such mistaken prejudice last year left these farmers with fields of lodged crops of oats instead of profitable and manageable crops of wheat. I appeal to all owners of such land, whether it is now first or second lea, to sow wheat rather than oats this season,

those who are brought before them.

The men who always tilled are, of course, still our main reliance for the bulk of the wheat we require. An acre of wheat means a twelve months supply of bread for 8 or 10 persons and the cumulative effect of an extra acre here and half an acre there may appreciably affect the bread position during 1943. The good tillage farmer can

always provide that extra acre. I also appeal in their own interests to the thousands of small holders throughout the country to grow a patch of . wheat for their own use. Many of these reside in the poorer parts of the country where the land is not suitable for winter wheat but where spring varieties, particularly April Red, can

be grown successfully. I need not stress the gravity of the food situation. We have already experienced the effect of the present comparatively slight shortage of breadstuffs. We must avoid at all costs the hardships which a greater shortage would entail, particularly on the poorer sections of the community. Everybody has experienced how the scarcity of certain commodities has hurt some more than others, but it is not easy for rural dwellers to realise how certain sections of the urban population would suffer through a serious shortage of bread. Farmers are in a position to save the situation and to them I address this final appeal.

Only another week remains for the early spring varieties, such as Red Marvel, Atle or Kolben. April Red and Diamante can be sown almost to the end of April, but the

sooner the better. If for any reason we do not produce enough wheat we must fall back on potatoes. Every holding can and does grow potatoes. I ask each and every farmer to devote a little more ground than usual to this useful crop. If the produce is not required for human food it will be very welcome for feeding to ani-

There is no time to lose now. The end of the sowing season is coming fast. We must utilise every hour that is left and every man at our disposal if we are to avert starvation and want.

### G.A.A. MOTTONS.

At the annual Congress of the G.A.A. held in Dublin, a Limerick Co. Board motion: That all correspondence to the Central Council in connection with the county and club matters must come through the Secretary of the Co. Board," was adopted. Limerick also moved "that delegates to Congress must be members of their respective Co. Boards," but it was agreed by the Congress that the old rule would stand.

# LIMERICK LEADER

WEDNESDAY, APRIL 8, 1942.

# Things That Matter

The Cinema Renters' Society, described as the "middleman" between the producers in Hollywood and Britain and the exhibitors in the cinemas, has issued an ultimatum to Eire! In doing so it has displayed a degree of effrontery that must be without parallel in insolence. In plain terms it says we must do without pictures unless we accept in much fuller form the dirt and propaganda being sent out from the studios.

The Society has an official organ called The Cinema and the latest issue of this publication contained an "open letter" to the people of Eire. In this precious production we are told that the Film Renters would be "reluctantly compelled to consider the cessation of the supply of films to Eire unless less drastic cuts in pictures are made and there is greater elasticity in the film censorship." In other words, we will have to do without American or British films unless we are prepared to swallow larger doses of demoralisation and paganism than we have been imbibing.

The thought in the minds of most decent people amongst us, we believe, is that if anything our censorship of the cinema is rather too liberal. Much, indeed, is let through that is the very reverse of edifying, and if any change at all is to be made it ought be one in the direction of further pruning and tightening up rather than in that of any relaxation.

The editor of The Cinema in his "lecture" to our people says: -" It is for you to consider who will be the greatest loser if Eire gets no pictures." Well, assuredly, Ireland would be a definite gainer if the "pictures" as we know them were entirely kept outside our shores. Little fault can be found with some of the presentations, no doubt, but the tone and tendency in the majority of them are unmistakably debasing in their effects.

If those responsible give any ear to the threat of the Film Renters' Society they should show that they resent the impudent suggestions it has made. Instead of introducing "greater elasticity" in censorship they should observe and practise more rigid vigilance, for as it is a good deal of what is undesirable is allowed to pass for exhibition. The ideal arrangement, of course, would be to produce our own pictures, and enlightened people who have gone into the question say this could quite successfully be done.

It is held, too, that by a properly organised effort it would be possible to get-in normal times, at any rate excellent films of an elevating and entertaining character from some of the Continental countries. Whatever happens, there must be no relaxation of our present censorship, which, if anything, errs on the side of "broadmindedness." In the meantime something should be done towards setting up a film-production industry of our own. One of our greatest and most urgent needs is to stem much further the tide of filth and degradation pouring into this country in the shape of films from Great Britain and the United States.

# GREAT FIGURE

# Death Of Alderman McInerney

TRIBUTES AT BOARD MEETING

The death of Alderman Joseph

McInerney, P.C., which took place in St. John's Hospital on Saturday, following an operation, has eccasioned profound regret and serrow not only in Limerick but throughout Munster. Joe McInerney was one of Limerick's most prominent citizens, a fact that was bette out in a very striking way at the obsequies. Many hundreds attended at the removal of the remains on Sunday evening to St. Michael's Church, vhile the funeration Easter Monday to Mount St. Lawrence Cemetery was the largest seen in the city for many years, it was a wonderful manifestation of public sorrow, and a very fitting tribute to sa man who had served the public weal faithfully and well during the past twentyfive years. Ald. McInerney, who speceded his father, the late Connection Matt McInerney, on the Corporation; headed the poll in his ward at the different municipal elections during the past quarter of a century. When the City Management Act came into operation, under which the ward or tem was abolished, the deceased was elected one of the four Aldermen provided for by that measure. Ald, McInerney, though he did and often intervene in debate, was a very practical member of the thy Council and subsidiary bodies, such as the Mental Hospital, Harbour Board, Vocational Education Committee, etc. In private life he was a loveable character, ever ready to do a good and kindly act. At all times and in all circumstances he was the same imperturable Joe McInerney. Deep and heartfelt sympathy is felt for the widow and other relatives in their great befeavement.

Members of the Fire Brigade and a detachment of the L.S.F. provided a guard of honour at the funeral. The Mayor (Mr. D. J. O'Malley, the members of the City Council, City Manager (Mr. J. J. Berkery), Mr. John McCormack, Chairman, Limerick Co. Council, and municipal and county officials acted as chief mourners. A vast multitude of people, representative of every section of the community, followed. It was a striking manifestation of public sorrow at the passing of a man who ever and always did his best to serve the class he represented in public life. Rev. W. J. Carroll, Adm., St. Michael, assisted by Rev. Dr. Cowper, Rev. J. White and Rev. R. O'Sullivan, officiated at the grave-

GLOWING TRIBUTE Mr. John McCormack, Chairman Limerick Co. Council, presiding at the meeting of Limerick Mental Hospital Committee to-day, paid a glowing tribute to the memory of the late Ald. J. McInerney.

At the outset of the meeting the Chairman said that before the start of the business he would like to propose a vote of sympathy on the passing of Ald. J. McInerney who was an outstanding representative of the people of Limerick and a man who had been in public life for twenty-five years. Everyone kenw him as "Honest Joe Mac," and certainly the members of the Committee had reason to know his ability. They were always delighted to see him at their meetings as he was a most helpful and conscientious administrator. His passing created a great loss in the public life of the city, and on behalf of the Committee he (the Chairman) would like to convey to the widow their very sincere and heartfelt sympathy on the great bereavement she had suffered.

Dr. Irwin, who joined on his own behalf and on behalf of the officials in the vote of sympathy, said that he knew Ald. McInerney probably longer than anyone present. He had given practically twenty-five years' continuous service to the Committee. He was a regular attendant at the meetings, and his contributions to debates and honest criticism were always helpful. He was a genial and approachable man and they were all deeply grieved to learn of his passing.

After the transaction of urgent and financial business the meeting adjourned as a mark of respect.

#### WAGE INCREASE

The New Zealand Arbitration Court (says an Associated Press message) issued another general order increasing the wages of all workers to meet the higher cost of living by amounts up to five per cent. of their present wages.

#### CROSS-COUNTRY EVENT FOR LIMERICK.

At the annual Congress in Dublin on Saturday of the National Athletic Association, the National Sep or Cross-Country Championship was fixed for Greenpark Racecourse, Lunerick, on April 19th.

# LIBERTIES COURT

# Suspensory Sentence

### DANGEROUS CYCLING

At the Liberties Court to-day, before Mr. J. M. Flood, B.L., D.J., Supt. Colleran charged Francis Considine, 3 St. Munchin's Street, Island Field, with the larceny of trees to the value of 30/-, the property of Mr. McNamara, Coolraine, Ennis Road.

Supt. Colleran said that the case was investigated by Guard M. Carr, Mary Street, who discovered that the trees were taken by the defendant. He made a statement to Guard Carr admitting the offence.

Guard Carr gave evidence of investigating the case and taking a statement from the defendant.

MUST BE STOPPED. The Justice said there was a good deal of damage being done in the city and suburbs and he would have to put a stop to it. He would order the defendant to pay 10/compensation to Mr. McNamara and impose a suspensory sentence of one month, not to be enforced if he kept the peace for six months. Superintendent Dunning charged Christopher Morrissey, Clooncommons, Castleconnell, with dangerous cycling on the 2nd March.

Mr. D. G. O'Donovan, solr., ap-

peared for the defendant, John Clune, Kilrush, said that on the date in question he was driving from Roscrea towards Limenicle. Near Quilty's publichouse at Lisnagry a cyclist approached him on his wrong side and when about a few yards away he made an effort to cross and hit the car and was

In reply to Mr. O'Donovan, witness said he did not see the cyclist until he was almost on top of him, He seemed to have daink taken.

Sergeant Kennelly said that on he 2nd March he was in Lisnagry and had just passed Quilty's when he heard brakes being applied, and on looking back saw the defendant lying on the road.

DEFENDANT'S EVIDENCE. Defendant, in reply to Mr. O'Donovan, said that on the evening in question when he left Limerick there was a strong wind against him. At Quilty's he saw a car coming around the bend on its wrong side. He swerved in an effort to avoid the car and when he did so the motorist also swerved and witness was struck. Witness admitted he had four drinks taken but he was perfectly soher. As a result of the impact he was in

hospital for a fortnight. The Justice said that the evidence went to show that Morrissey was on his wrong side of the road and he was responsible for the accident, He had, however, suffered somewhat as a result of the impact and he would impose a nominal fine of 2/6 with 7/6 expenses.

In a summons against Mr. Clune for using a car with defective brakes the Justice, after hearing the evidence of Sergt, P. J. Connolly, P.S.V. Inspector, imposed a

fine of 5/-. Mr. D. J. O'Malley, solr., defended.

## FIRE OUTBREAK IN CITY.

In the early hours of Saturday morning the City Fire Brigade, under Lieut. Gough, responded to a summons to an outbreak of fire at the premises of Messrs. Murphy & Co., drapers, William Street. The outbreak was confined to the top or fourth storey and after an hour's work the flames were extinguished. The stock-in-trade escaped with little damage. The alarm was raised by Sergeant Griffin, Edward Street Station.

#### GATES THROWN INTO TIDE.

Gates were torn down, dragge 1 some distance away and thrown into the tide, on the land known as Cooper's at Borrigone, Co. Limerick. The estate, which consists of some hundreds of acres, is at present owned by Mr. C. Smyth. For the past few years there has been strong local agitation for the division of the estate. Gardai are investigating the affair.

### CALL FOR NEWSPRINT.

The All-Ireland Conference of the Typographical Association, held in Dublin, requested the Government to place shipping at the disposal of the Irish newspaper owners in order to secure supplies of newsprint to enable newspapers to carry on and so avoid widespread unemployment in this important industry.

#### BOY DROWNED.

Alexander McCready (10), Carrigans, Co. Donegal, while playing on the bank of the stream at Carrigans, was drowned when he overbalanced and fell into the water. The body was recovered. A verdict of accidental death from drowning was returned,

### USED RAZOR BLADES.

At least one firm in London is turning used razor blades to account. Good blades are being reconditioned and inferior ones or those too much worn are handed ove: as scrap for munitions,

# By Red Army

SUCCESS CLAIMED

# THE FIGHTING IN BURMA

Messages received to-day from Burma state that no appreciable change has taken place on the Irawaddy front during the past 24 hours. A town in North Burma (name not disclosed) was bombed yesterday morning by Japanese aircraft. So far as was known no damage was done.

The Japanese News Agency stated to-day that a 2,000 ton Allied minesweeper in the harbour of Akyab (Burma) was sunk by aircraft action on Monday. Several smaller vessels were also destroyed.

It was announced in Canberra to-day that Mr. Curtin, the Australian Premier, has had joint conferences with the Allied military and naval chiefs regarding the situation in the South-West Pacific.

It was also announced that in the attack on Lae (New Guinea), already reported, five or six Japanese fighters were shot down.

It was reported from Cairo to-day that Malta was subjected to another heavy attack during the night. Three of the attacking 'planes were shot down. RUMANIAN CLAIM.

The Moscow wireless stated to-day that the Red Army, following a strong offensive movement, yesterday captured an important centre in the Kharkov sector. A stiff German counter attack was, says the announcer, broken up. The German High Command

states that all Russian offensive movements have resulted in failure. According to despatches from Cairo there has been considerable patrol activity in the Libya desert. Axis activity has become more pronounced and a "flare up" is to

be expected. It was stated in Berlin to-day that German submarines have sunk 16 Allied ships (104,000 gross tons) in the Atlantic.

INDIAN PROBLEM. A message received from New Delhi this afternoon states it is p not at all improbable that a M solution for the differences between | C Sir Stafford Cripps and the d Congress Party will be found v following to-day's conferences. The | M situation, the message adds, is J taking a dramatic turn.

#### BRILLIANT WORK

#### BY LIMERICK ARTIST

At the Hibernian Academy Exhibition of Paintings in Dublin last week the work of a brilliant and very promising Limerick artist, Mr. Fergus O'Ryan, attracted much attention. This was "Cole's Lane," a very fine picture, which was purchased by the Haverty Trust for the Government, Mr. O'Ryan, who is son of Mr. John and Mrs. O'Ryan, Charlotte Quay, Limerick, is the first of the younger school of artists to get such an honour. At present he is professionally engaged in the Art Department of Irish Cinemas,

#### L.D.F. TRAINING CAMP

A summer training camp for the L.D.F. will be established at Lahinch this year (writes our Ennis correspondent). The camp will be in control of the L.D.F., who will be assisted by military officers. It is anticipated that close on 600 men will go to the camp from the Ennis district, and special arrangements are being made to cater for them in the way of training and recreation. It is also hoped to be able to accommodate about 40 to 50 boys who will be attached to the L.D.F. as despatch riders, etc.

#### GRANT FOR CLARE LIFE SAVING ASSOCIATION

As a result of representations made by Senator P. Hogan, the Irish Tourist Association, of which body he is President, has made a grant of £25 to the Clare Life Saving Association to rencourage its activities. The Clare Association was the first to establish a system of paid life guards at seaside resorts in the county.

### LIMERICK WAGE INCREASES.

In the course of his address at the Annual Congress of the Irish Union of Distributive Workers and Clerks at Cork on Monday, the President, Mr. E. Flood, Dublin, said that in the past few weeks the Executive Committee had achieved for their workers in the drapery and licensed trades in Limerick substantial wage increases.

#### BANK DIRECTOR'S WILL.

Mr. E. B. Dillon, of Brumano, Rushbrook, Co. Cork, a former director of the Munster and Leipster Bank, who died on April 3rd, 1941, left personal estate in England and Eire walued at £15,624. Probate is granted to his widow, Mrs. Margaret Mary Dillon, of the same address, to whom he left all his property.