

Ask your Chemist for

Doan's 1/2. 2-

Indigestion?



Don't let acidity rob your food of half its value! Excess acidity in the stomach ferments your food so that it does you very little good; instead it causes the excruciating pains of indigestion. Right now—before the trouble gets a grip on you—take a dose of 'Bisurated' Magnesia and let this wonder-working preparation assure a square deal for a square meal! The moment you take 'Bisurated' Magnesia it neutralises acidity, stops fermentation and ends your indigestion. Prices: 6d. to 2/6.

Goodbye to Grey Hair!

Look young again this easy way

Why let grey hair put years on you? Get back your youthful looks as thousands are doing by making up this simple home mixture. Life and colour come back to your hair quickly, safely, and at trifling cost. Here's the recipe. To a bare half pint of water add one ounce of Bay Rum; a small box of Orlex Compound and a quarter ounce of glycerine. That's all! Any chemist will make it up or supply the ingredients. Apply the mixture twice weekly and your grey hair will soon glow with natural colour. Orlex isn't sticky, won't rub off and doesn't colour the scalp. Tear out this recipe and begin saying goodbye to grey hair to-day!



GUESS HER AGE?

She looks younger than she is because she uses jolay Milk of Calamine. That's the secret of her clear, fresh skin. Make it your secret too—use jolay and loveliness is yours. From chemists and stores, 2/- and 1/-.



jolay

Kill Rats AND SAVE FOOD Use RODINE FROM YOUR CHEMIST

draw attention to procuring more hurriers from the West and South. Our selectors have always tried some good club players from those areas, and a suggested League before the big games would give an opportunity of testing new blood outside the club tests thus figuring in selections.

Thanks.

My thanks to our General Secretary, Padraig O'Keeffe, for a copy of the G.A.A. Annual. It is living up to its record as the most useful year book for our Gaels, and especially writers and close students. The reference to the late P. J. Devlin ("Celt"), one of the best G.A.A. writers that ever wielded a pen, is a most appropriate opening.

DEATH OF L.D.F. MAN

The death of Mr. John Brosnan (20), a member of the Templeglantine L.D.F., is much regretted in his native district. He was the only son of Mrs. Dan Brosnan, to whom many expressions of sympathy have been extended. The Templeglantine Units of the L.D.F., L.S.F. and Red Cross in very full numbers took part in the funeral procession to Abbeyfeale, where the interment took place. The prayers at the graveside were read by the Rev. J. Kelly, P.P., and Rev. H. Fee, C.C.

MILK MAKES HEALTH

Until milk is anxiously sought after by children, and until its consumption is almost doubled by a diminution of price, it is unlikely that there will be any great improvement in our national health, states Dr. D. K. O'Donovan in the "Journal of the Medical Association."

YOUTHFUL PLOUGHMAN

A seventeen years old competitor, Jeff Smyth, won the championship, three cups and several special awards at Coleraine ploughing match. He had been handling a tractor since he was 14 years. The youngest competitor, nine years old Bertie Hanna, also got a prize.

RABBITS 11½d. PER LB.

Irish rabbits, which arrived in Manchester towards the end of last week, moved readily into consumption at 11½d. per lb. wholesale (control price).

FLU

—Often follows a neglected cold. End colds promptly by rubbing throat, chest, and back at bedtime with this powerful, vaporizing ointment. Loosens congestion—eases breathing—brings quick relief.



VICKS
BRAND
VAPOUR-RUB

be true children should be sim burning, active, behind all our we celebrate th chin, we can a this very practi faith what it s why not?

A few years the late Holy F an audience said be great need of words have cor there is a gener most sacred tri are questioned, scoffed at. Som as to place a mark after the God Himself.

Even the faith what it should were, then they better Catholic I say that there a only in name. Catholics, but pagans.

NECESSITY

Nobody can le life without fai very bluntly: " impossible to during His p preached this ne first sermon was last. Very early Nicodemus can wanted to know sary for life et him faith was al His very last wo before His Asc Mount of Olives My Gospel, ba who believeth in he who believeth Before forgiving forming a mira put the question that I can do t when the answe mative that he g You remember t who brought his to be exorcised. it. He then ask Christ asked hin that I can do th answered yes, the boy. He de of His closes Lazarus was de Mary, his sister "I am the res life. If any m even though he live. Do you be replied: "Yea, I believe that Th Son of the Liv Christ raised I tomb.

Another fact Christ restricted teaching where e not believe in F happening in H Nazareth, because on Him not as th simply the son carpenter.

Faith, then, is sary for the Chr out it there is n dation and mis followed in time.