



YOU'LL say "This is *real* relief—I never felt anything like it—it helps my nose, throat and chest all at once!" To get this wonderful, far-reaching relief, do just **ONE** thing. Rub throat, chest, and back with Vick brand Vapour-Rub.

Like a poultice, making your skin feel all aglow, 'Vick' draws out the tightness and pain in your chest and throat. At the same time . . .

Healing vapours are inhaled with every breath. They clear your nose, soothe your throat, relieve coughing.

Almost at once you feel better. But 'Vick' keeps on working through the night. By morning, usually, the worst of your cold is over.

Everybody's Purifier

Blood is the stream of life

MARKES' BLOOD MIXTURE
is world-famed blood purifier
to the root of your complaint
by cleansing the blood restores
to health. Now more than
your blood should be kept
an, pure and healthy.

Recommended
for the treatment and prevention
of rheumatic complaints and skin
disorders arising from an impure
state of the blood.



Tablet Form at all Chemists and Stores

**HERE'S THE PAIN
HERE'S the SLOAN'S?
RHEUMATISM**

Liniment offers the quickest way of
relieving the agonising pain of rheumatism.
gives tingling, comforting warmth to the
muscles and joints and puts an end to your

Mr. Scannell, N.T., Tarbert, has been promoted to be principal teacher at Mardyke N.S. School, Co. Tipperary (writes our Glin correspondent). Mr. Scannell has been very popular with all classes at Tarbert during his time there. He is a prominent Gaelic footballer and fluent Irish speaker. He played with the Kerry minors. Tarbert people warmly congratulate him on his promotion.

MRS. FRANCES RICHARDSON.

After leading an exemplary and well-spent life, the death took place, after a comparatively brief illness, of Mrs. Frances Richardson, relict of the late Mr. Martin Richardson, Ballymackeogh, Newport, Co. Tipperary. By the passing away of Mrs. Frances Richardson at her residence on the 26th September another old link with Newport associations has been severed and a lady who was loved and respected by everyone who knew her has passed to her eternal reward. During the greater part of her life the Almighty God blessed her with excellent health and up to a few months before her death she enjoyed that perfect health and lived to a fine old age. She had the consolations of Holy Church in her last moments and her death was most edifying and peaceful, and her exemplary life had its splendid reward. The deepest sympathy goes out to the members of her family in their sad bereavement. Two of her sons, Harry and Ned, have for years past carried on the grocery and licensing business at 34 Patrick Street, and are immensely popular with all sections of the community.

The remains were removed to Newport Parish Church on Wednesday, 27th inst., and the funeral took place to the family burial ground at Kilgarriff on Thursday, 28th September, after Solemn Requiem High Mass, which was celebrated by the Rev. Father Nash, C.C., assisted by the Very Rev. Canon Condon and Rev. Father O'Dwyer, C.C. The funeral cortege was of very large proportions, mourners coming from far and near to pay their last tribute of respect to a lady who was held in the highest esteem throughout her life.

The chief mourners were:—John, Thomas, Harry and Edward (sons), Josephine (daughter).

The Very Rev. Canon Condon, Rev. Father Nash, C.C., and Rev. Father O'Dwyer, C.C., recited the prayers at the graveside. The attendance of relatives, friends and the general public was so large that it would be impossible to publish a full list of all those who were present at the funeral.

TEACHER PROMOTED

Mr. Brendan Scannell, N.T., Tarbert, has been promoted to be principal teacher at Mardyke N.S. School, Co. Tipperary (writes our Glin correspondent). Mr. Scannell has been very popular with all classes at Tarbert during his time there. He is a prominent Gaelic footballer and fluent Irish speaker. He played with the Kerry minors. Tarbert people warmly congratulate him on his promotion.

WAKE UP YOUR LIVER BILE

without Calomel—and you'll jump out of bed in the morning full of vim and vigour
The liver should pour out two pints of liquid bile into your bowels daily. If this bile is not

be lifted and the gigantic achievements of man and machine can be made known to the world, then we shall see what has been done and what can be done.

Town planning is very much in the news in this country, too, and city surveyors have made models of what the future towns would look like. Exhibitions for the general public have been held to show them the changes which are proposed to be made. If this were done in Limerick it would help to convey to the citizens the importance of the scheme. It would help to show them the benefits which they would derive by it and it would make them realise and appreciate the work of those who toil to make Limerick what it could be—the finest city in Ireland.

Finally, allow me to emphatically contradict "W.W.'s" statement that Limerick is the filthiest city in Ireland. For its size and population Limerick is one of the finest cities I have seen. Nowhere have I seen such fine approaches to a city such as Limerick has got, such fine buildings and churches like St. Mary's, St. John's and all the others. Yes, it has got its laneways and byeways, but so has every other city, only we are never in them long enough to seek them out.

Wherever I have been or wherever I may go I shall always be proud to say I came from Limerick and when our town planners are done I hope I shall be much prouder.

Thanking you, Mr. Editor, I remain, yours sincerely,

"GARRYOWEN."

(The writer of the foregoing is a Limerick man residing in England.—Ed. L.L.).

"AN COSANTOIR"

Major-General Costello—continues his absorbing study of leadership in the current issue of "An Cosantoir." In this month's contribution he deals in masterly fashion with qualities of energy, powers of endurance and health, as they apply to the leader, and has some very pertinent observations to make on the question of age. An article by Major F. O'Donoghue, "Intelligence Plan for a Battalion or L.D.F. District," will be of particular interest to District Leaders and Intelligence Officers of the L.D.F. Other high lights of the October issue are: "Mines by the Million," "Testing Intelligence" and "Defence of a Road Block." This issue also contains a full account with tables of results of the L.D.F. rifle shooting competitions, 1941. "An Cosantoir" is on sale at all newsagents at 6d. per 50 page copy, or can be had at 7/- per annum, post free, from the publishers, Messrs. Alex. Thom and Co., Ltd., Dublin.

This TYPIST says



"I couldn't enjoy even a lunch snack until 'Bisurated' Magnesia ended the indigestion symptoms I used to dread."

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