

deep slough of slavery which they had sunken, giving courage and dignity, and them strong and self- and firm in their demands and freedom.

Using poems and ballads were recited and sung. Soul-stirring com- like "A Nation Once "Clare's Dragoons," "My Fontenoy," "The Bridge of "The West's Asleep," and "Grave" gave back the old spirit to a lifeless nation. The found themselves taking the past, and taking hope uture. Thomas Davis had a responsive chord in the parts of his countrymen. says still carry their lessons. what he wished to see done in art, music, drama, and still remains undone. His of Irish historical paintings ly a dream. His essays on sources and valuation of now that all the knowledge equired was to be used for it of his country.

NATIONAL LANGUAGE

man any other man in his s realised the importance sh language to the nation. n speak to us across the language which grows up ople is conformed to their escriptive of their climate, on, and manners, mingled ly with their history and fitted beyond any other to express their prevalent in the most natural and way.

pose another language on ople is to send their history ong the accidents of trans- s to tear, their identity places—'tis to substitute signs for picturesque and e names—'tis to cut off the feeling, and separate the om their forefathers by a —'tis to corrupt their very nd abridge their power of a.

nguage of a nation's youth y easy and full speech for ood and for its age. And e language of its cradle f graves a tomb. . . . ple without a language is a nation. A nation should language more than its —'tis a surer barrier and ortant frontier than for- iver . . .

e your native tongue and of an alien is the worst conquest—it is the chain ul. To have lost entirely al language is death; the worn through."

TION ONCE AGAIN.

ad but three short years to put his views before ymen in the pages of on." Yet how well he time has shown. Frail was struck down with

without Oalermel—and you'll jump out of bed in the morning full of vim and vigour

The liver should pour out two pints of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constipated. Your whole system is poisoned and you feel sour, sunk, and the world looks punk.

Laxatives help a little, but a mere bowel movement doesn't get at the cause. It takes those good old Carters Little Liver Pills to get these two pints of bile flowing freely and make you feel "up and up." Harmless, gentle, yet amazing in making bile flow freely. Ask for Carters Little Liver Pills. Stubbornly refuse

DIED IN AUSTRALIA

The death took place in North Sydney, Australia, of Mr. Michael Shanahan, formerly of this city. Deceased was fourth son of the late Mr. Michael Shanahan, Athlunkard Street, Limerick, and brother of the late Mr. Denis Shanahan, the famous Garryowen forward. The following obituary notice appeared in "St. Mary's, North Sydney, Parish Magazine":

"On Monday morning, May 28th, while morning Mass (6.30) was being celebrated in the Parish Church, Mr. M. Shanahan passed to his eternal reward at the Mater Private Hospital. For nearly twenty years Mr. Shanahan had been present at that morning Mass and that must have been the reason why God chose that hour to call him to Himself. Not only to his wife, to whom our sympathy and prayers go first, but also to the whole parish and especially to the poor, Mr. Shanahan's death was a severe loss. Of his interior life we shall record nothing except to say that those who knew him well knew of his love of prayer, of his long hours spent before the Blessed Sacrament, of his deep and tender devotion to Our Lady. To his unselfish and un- sparing devotion to our church the whole parish can testify. But only the poor know of the help and assistance he never failed to give them. Visitors to the church must wonder where the familiar figure at the back of the church has gone. Perhaps after his wife the priests of the parish feel his loss most. He was their true friend, a most dependable friend, on whom they could rely in any emergency.

"Those whom children and the poor love are loved by God. Hence the greatest tribute to Mr. Shanahan is the request by individual children, by the altar boys, by the poor, for Masses for Mr. Shanahan. May Mr. Shanahan in heaven take the same interest in all of us in this parish as he did while on earth."

Scattering broadside forth the corn in golden plenty,
On the quick seed-clasping soil,
'Even such this day among the fresh-stirred hearts of Erin.

Gradually Went Away

Delay in treating the early signs of rheumatism simply means that this painful complaint gets a tighter grip on the system. That was what happened to the writer. See the letter below:—

"I feel I cannot let another day pass without letting you know the wonderful benefit I have received through perseverance with Kruschen Salts. I had very bad rheumatism in arms and legs, especially in my knee. Unfortunately I let it go on and on, until it got a firm hold on me. After dieting and taking medicine it got no better. Then I saw your advertisement and got a bottle of Kruschen. After taking as prescribed for a little while, the pain gradually went, and although I still take Kruschen, I have not had a sign of rheumatism for weeks now."—(Mrs.) L.W.

SPECIAL

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Removed for ever without pain or mark (written guarantee) by Diathermy. 500 hairs per hour. Dublin Surgeries: 14/15 Lr. O'Connell St. (over Sackville Studios, Office No. 20). No half-day. Mrs. Martin attends at 49 Grafton Street. Miss Martin will visit the following:—**Limerick—Friday, September 7th, at Cruise's Hotel.**