

of holding meetings behind closed doors.

Mr. Dore Raise that matter in the appropriate quarter.

The discussion then ended and the Council went into Committee to discuss correspondence in connection with the Old Age Pension Committees.

DEATH OF CLARE MAN IN NEW YORK

The death took place at his residence, 3913rd Avenue, New York, of Daniel J. Murphy, the sad event being very much regretted. The news was received by cable. He was a son of the late Henry and Anne Murphy, Bodyke, Co. Clare. Mr. Murphy paid two visits to his home in Bodyke. Deep sympathy is extended to his daughter in New York and his brothers and sisters in Bodyke.

IF YOU'VE A BABY

GOOD RESOLUTION OF ENTHUSIASTIC MOTHER

Good resolutions are not made only at the beginning of the year. Wise mothers are making them all the time.

Amongst our treasured correspondence is one which shows this very clearly. It says: "Peter owes a lot of his happy disposition and sturdy health to Steedman's Powders, which will continue to be his only aperient right through childhood."

Peter's mother wrote for a copy of our famous little red book, "Hints to Mothers," quite soon after he was born.

Dealing so practically with all the little baby ailments—it has been an invaluable guide to her while the gentle, safe powders have kept his bowels regular and his blood cool, so that he has been a happy, bonny baby from the first.

Steedman's Powders are obtainable everywhere at twopence for a single powder. The double EE is stamped on every packet for your protection.

Why not start right and keep right by sending a postcard TO-DAY for your copy of "Hints to Mothers"? It is free and post free from JOHN STEEDMAN & Co., Dept. 7, Walworth Road, London, S.E.17.

DISEASE COSTS FARMERS £5,000,000

Four major diseases—mastitis, abortion, tuberculosis and the insect disease group—cost the Irish farmers five million a year in livestock losses. More money is drained out as a result of losses due to minor ailments. Many of these diseases are curable. Practically all are preventable. Most respond to simple treatment.

Sometimes the preparation of the treatments is not such an easy job for a farmer tied down by seasonal needs to work on his crops and turf, his drainage and outhouse repairs, his seeding time and the many official forms the new agricultural drive commits him to fill in.

Making a suitable disinfectant, mixing an ointment or dressing or preparing a drench, when each preparation must meet a different animal ailment, means postponing a deadline for another farm need.

The suggestion of the Agricultural Correspondent of "The Irish Press" is a medicine chest with readily prepared common remedies easily made up on winter nights or bad weather days.

He will write a Special Article on the ailments of animals and their remedies in the issue of "The Irish Press," Saturday, November 2. In it he will explain how to procure and prepare the items of the farmer's medicine chest.

The Agricultural Correspondent enjoys a wide reputation for the practical advice on all farming problems which he gives every week in "The Irish Press."

WAKE UP YOUR LIVER BILE

without Balsam!—and you'll jump out of bed in the morning full of vim and vigour

The liver should pour out two pints of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas bloats up your stomach. You get constipated. Your whole system is poisoned and you feel sour, sunk, and the world looks punk.

Laxatives help a little, but a mere bowe movement doesn't get at the cause. It takes these good old Carters Little Liver Pills to get

Some very interesting papers will be read during the coming session including "The Night Watch," "Limerick in the Famine Years," "Limerick Affairs in the Irish Parliament," "Impressions of Limerick to Visitors in the Last Century," etc.

THE SAVINGS BANK.

Mention was made at the meeting of the rumour that the Savings Bank was to be demolished and it was greatly deplored that this graceful building, one of the best examples of classic architecture in the city, should disappear, and it was hoped that it would be averted.

One of the members, Mr. G. Kennedy, produced for inspection an old parchment charter and read granted to Kilmallock for the holding of fairs in 1826.

CO. LIMERICK V.E.O.

THE ANNUAL MEETING

At the annual general meeting of the County Limerick Regional Branch of the Vocational Education Officers' Organisation, presided over by Mr. D. J. O'Connor (Chairman), there was a large attendance of members.

The Chairman, in his address, outlined the progress of the V.E.O.O. during the past year.

Mr. W. M. McNamara, B.Comm., H. Dip. Ed., Commerce Instructor at Hospital Technical Schools, resigned his position of Hon. Secretary and Treasurer, on leaving the county to take up a teaching post in Monaghan.

Tributes were paid by the Chairman to the energy and efficiency which Mr. McNamara had always displayed in carrying out the duties of secretary. His departure would be a great loss to the V.E.O.O. in Co. Limerick.

Mr. McNamara thanked the Chairman and other members for their co-operation in conducting the affairs of the Regional Committee and wished the Branch every success in the future.

As a result of Mr. McNamara's resignation the position of hon. secretary will be jointly filled by Miss C. O'Mahony and Mr. C. Cronin and the position of hon. treasurer by Mr. P. Twomey.

During his four years teaching at Hospital Technical School (writes our Hospital correspondent) Mr. McNamara was found to be a competent and efficient teacher of commerce and was greatly respected and esteemed by his pupils. He was a very popular figure in the town, his cheerful and light-hearted disposition making him welcome in all circles. He was a prominent member of Hospital Lawn Tennis Club and was one of the club's leading players. He was also a popular member of the local junior hurling club. Mr. McNamara's departure will be much regretted by the people of Hospital and his numerous friends in the surrounding district, who wish him every success and happiness in his new appointment.

Colds are Danger Signs

It's always a mistake to neglect even the mildest seeming cold. Even if it doesn't develop into pneumonia or something dangerous it saps your vitality badly. Don't think colds must "run their course." Stop them at once. The best way to do it is an old-fashioned recipe that's grown so popular lately most chemists keep it made up ready for use. It's known as the "Parmint" recipe and one dose of this Parmint Syrup will prove how good it is. It brings almost instant relief to trying coughs and sore throats, clears the head and makes you well in no time. It's grand for kiddies too. They like the Parmint flavour. Be wise. Get a bottle of Parmint Syrup from your chemist to-day and keep it handy. 1/6 the bottle. Family size 2/9.

NOTE—If through shortage of bottles your chemist is out of Parmint Syrup, get a 3/- bottle of Parmint Concentrated Essences and make up a big supply yourself.

TEACHING OF IRISH IN CLARE

The Clare Vocational Education Committee (writes our Ennis correspondent) has made an order

Cross-examined by Mr. Kenny, witness said he was not aware that O'Malley had sent the wireless to a firm of electric dealers in Dublin for repairs. He agreed that the wireless set was not working at the time the defendant took it away. He also agreed he did not even look at the wireless when an effort was made to have it returned.

Mr. Lee said that was the plaintiff's case.

AMATEUR REPAIRER.

The defendant, Patrick O'Malley, said he was an ex-officer of the National Army and an amateur wireless repairer. He recalled the plaintiff's 1932 model wireless, which he would value at £4 or £5 at the time he got it. Witness was to examine the wireless set and if he were unable to repair it he was to send it to Dublin. He could not say whether or not the plaintiff was aware of this. The experts in Dublin examined the set, said it was obsolete and they could do nothing to it. The wireless was mis-laid and he had a letter from the Dublin firm (produced) early this year to the effect that it had been found but that it was not worth the cost of carriage home.

Witness said he got the armchair "to keep for a while." It was now in the same condition as it had been at the time he got it. The ladder came into his custody when plaintiff's father brought it to his house to repair a roof and had left it after him. It was still in the same condition as it was then. He was willing to return any of the articles still in his possession.

In cross-examination, witness said the wireless had not been entrusted to him by the plaintiff but by his father. He would not say that the plaintiff's father was an invalid.

His Lordship ordered that the defendant should return the wireless set and the armchair to the plaintiff. He thought the plaintiff had no claim to the ladder, which had been left in the defendant's yard. The claim for the dress shirt had gone out, since it had been returned. He gave decrees of 10/- each as detinues for both armchair and wireless set, with appropriate costs.

OBSEQUIES OF NUN

LATE SISTER ANGELA RYAN

The obsequies of Sister Mary Angela Ryan, whose death occurred at Ballingarry Branch of the Abbeyfeale Convent of Mercy on 27th October, took place at Abbeyfeale, where she was professed 53 years ago. She spent most of her religious life in the Abbeyfeale Convent before going to Ballingarry some years ago. An excellent teacher, her zealous work was much approved and now happily remembered by her past pupils, who regret her demise. There was a large attendance at the Solemn Requiem Mass, over which the Right Rev. Monsignor Hannan, P.P., V.G., of Newcastle West, presided. Rev. J. Liston, C.C., was celebrant of the Requiem Mass; Rev. Father O'Keeffe, C.C., Ballingarry, deacon; Rev. Father O'Donnell, C.C., Parteen, sub-deacon; Rev. J. Halpin, C.C., master of ceremonies.

In the choir were: Very Rev. Canon Carroll, P.P., V.E.; Very Rev. Canon Wall, P.P., Ballingarry; Very Rev. Dr. R. A. Harnett, C.S.Sp., Kimmage Manor; Rev. P. Ruddle, P.P., Ardagh; Rev. Father Moriarty, P.P., Tournafulla; Rev. Father Quin, P.P., Templeglantine; Rev. D. Fitzgerald, P.P., Kilcolman; Rev. M. Kelly, C.C., Newcastle West; Rev. Father Byrne, C.C., Athea; Rev. J. Browne, C.C., Tournafulla.

Chief relatives were: Michael Sheehy, Ballyhea (brother-in-law); Mrs. Teehan, Charleville, and Mrs. O'Donnell, Galbally (nieces); Patrick Ryan, Ballyshonakin, Effin; John Ryan, James and Willie Ryan (nephews); Mrs. M. Ryan, Keylogues, Galbally (sister-in-law); Sheila, Anne, and Alice Teehan, Charleville (grand-nieces); Michael Teehan (grand-nephew), James Riordan, Effin; James Phelan, Newcastle West (cousins).

at Kilrush and the other half at Kilmihil; that Mr. B. Lowe, Irish teacher, be also headquartered at Kilrush, and teach the day classes there and night classes at Kilmihil, and the principals and that

may grow and expand for spiritual welfare of our ecclesia and that many more recruits Ireland may join their Congress and spread the light of the by prayer, service and sacrifice. His Lordship also alluded to great work the Nuns were doing in the field of education and their labours in the Indian field had borne visible and abundant fruit. The Order would be associated with the maintenance and progress of the Church of Madras.

MUINTIR NA T

HOSPITAL GUILD

At a special meeting of the Hospital Guild of Muintir na Tíne held at the Committee Room, Tuesday evening (writes our hospital correspondent) Rev. Bergin, C.C., Chairman, presided. Other members present were J. Hogan, Treasurer; Dr. Cleary, William O'Rourke, Tomkins, Munster and L. Bank, Hospital; L. Walsh (business section), T. Ledwith, O'Connell, P. Foley (farm section), James Walsh, Michael Patrick Walsh, Thomas (Labour section).

At the meeting many good and well-deserved tributes were paid to the late Secretary Leahy.

The Rev. Chairman, in his address to the meeting, said that this was a sad and occasion when they mourned the loss of their loyal and friend and most efficient, energetic and painstaking Secretary, and their fruits you shall know. One need but look around for oneself the fruits of the schemes, the drainage works, machinery plant, the several other schemes. The due in no small measure of labour and patience of the Leahy.

Everyone in the parish, said Chairman, would miss Pat. He was an example to them in his love and labour for the community. He would be sadly missed in meetings of the Council, where everyone relied on his judgment and was confident in his service to the community. It is that the memory of their Secretary would be an inspiration to them all to work as he had for the common good and the glory of God.

QUESTION TIME

CHALLENGE CONTEST RATHKEALE

A challenge Question-Time between Newcastle West and Rathkeale drew a large crowd to Deel Hall, Rathkeale, on the night of last week (writes Rathkeale correspondent). The contest was held under the auspices of the Rathkeale Branch of National Federation of Irish Ex-Servicemen. For a second time the local team won. The individual results were: Mr. P. Macauley, Rathkeale, 10; Mr. M. Treacy, Rathkeale, 8; E. O'Connell, Newcastle West, 7. The other competitors were: Messrs. J. O'Shaughnessy, Malone, D. Shier and J. Rathkeale; Messrs. J. Murnighan, Healy, E. Guiry, M. McCarty, L. Moloney, Newcastle West.

Mr. D. Ahern was compelled to assist at the piano.

Capt. M. Fennell was adjudged. Miss C. Roche and Mr. P. were score keepers.

The Question-Time was followed by an enjoyable concert that included songs by Miss Brede and selections on the piano-accompanied by Art O'Shea, and conjured by Mr. P. Conway, Croom. The artists had an enthusiastic reception, and their efforts were highly appreciated by the audience. At the conclusion, Mr. D. Ahern, on behalf of the Irish Ex-Servicemen, suitably thanked the artists and all who helped to make the entertainment a success.

Soothe Pile

The distress and burning itching external piles is quickly overcome by this Ointment. This well-known health