

...ally as you could wish. This is especially useful for starched clothes.

HOMEMADE BATH SALTS.

There is a very good way of making bath powder at home. You will need 12 ozs. of sodium carbonate; 2 ozs. of borax. Mix these two together to make a powder. If you prefer to make crystals, take 4 ozs. of sodium carbonate crystals and 1 lb. in place of sodium carbonate. To perfume these add lavender oil or any kind of scent required.

NOTES ON NAILS.

Nails can be the cause of a great deal of inconvenience, especially, when they are brittle and crack and split easily. If this condition has lasted for a long time it is possible that you are not in very good health and would benefit by a course of tonic.

In the meantime an oil treatment will prove helpful by supplying the natural oil that is lacking. The finger tips should be soaked for five or three minutes daily in warm oil.

Nail scissors should never be used for cutting finger nails; instead trim them to the shape desired with an emery board and nail file. Toe nails should never be rounded or pointed, but cut straight across.

BLEACHING LACE.

Stained or discoloured lace can be cleaned by being stewed gently for about one hour in a soapy solution to which a dessertspoonful of borax has been added. Stew in an enamelled double saucepan. If the lace is delicate tack it on to a piece of net, long pieces of lace being folded backwards and forwards to make several layers, so that it is not twisted or torn during stewing.

BABIE'S BOTTLES.

Here is the best way to preserve the rubber teats of a baby's feeding bottle. Immediately the teats have been used they should be rinsed under a running cold water tap and rubbed well with ordinary common salt. Rub the salt over the inside and out. Plunge into boiling water for a second or two and then place on a clean saucer. The teat has been rinsed with boiling water and cover over with a cup or another saucer.

FRUIT FOR BABY.

A peeled raw apple to chew is one of the best ways of exercising a baby's jaws, and is very good for the teeth. Some mothers give baby a piece of apple to play with as early as possible. They allow a mutton bone, and if the baby is not upset and does not eat too much of it, all is well.

But he must not be allowed to play with his "toy" too long, lest it get dirty and germ-laden. It is usually best to start "apple drill" at

...meet at Four Elms, Sunday, 11th inst., at 2.30 p.m.

LAND LEAGUE LINK

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SEVERED IN NEWCASTLE WEST

Newcastle West has lost one of its oldest and most esteemed residents by the death of Mr. Thomas O'Connor, tailor, Maiden Street, who passed away on Friday, after an illness of comparatively brief duration (writes our Newcastle West correspondent). Deceased, who came from a very old and respected family, was associated with the tailoring trade in the town for well over half a century. A man of deep religious fervour, he was one of the founder members and a Golden Jubilarian of the local branch of the Confraternity of the Holy Family. He was also a life long nationalist, and was prominently identified with the Land League movement as a young man in the days of the evictions. The late Mr. O'Connor was father of Messrs. Jack and Paddy O'Connor, tailors, Newcastle West; of Mrs. Mai Murphy, Station House, Patricks-well, and of Mrs. M. Quigley, Belfast. He was uncle of Surgeon J. F. O'Connor, Croom Hospital; Dr. M. O'Connor, Kilmallock, and of Dr. T. O'Connor, Ballinasloe. There was a very large and representative attendance at the funeral to Churchtown Cemetery on Sunday.

Rt. Rev. Monsignor Hannan, P.P., V.G., officiated at the graveside, assisted by Rev. M. O'Grady, C.C.; Rev. M. Kelly, C.C.; Rev. Fr. Lyons, C.C., and Rev. Fr. Foy, Foreign Missions (relative).

Chief mourners included:—John and Paddy O'Connor (sons); Mrs. M. Murphy and Mrs. M. Quigley (daughters); Mrs. Downey (sister); Mrs. J. O'Connor and Mrs. P. O'Connor (daughters-in-law); Dr. J. F. O'Connor, Dr. M. O'Connor, Dr. T. O'Connor, Frank Murphy (nephews); Dr. Murphy (son-in-law); Mrs. Foy (sister-in-law); Denis Downey and Nicholas Cotter (brothers-in-law); Patsy and Tess Murphy, Joan and Paddy O'Connor, Patk. and Noel O'Connor, etc. (grand-children), etc.

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