

circuits trouble

Everyone likes to keep clear of trouble. If we're in it, the sooner we're out of it the better. That's how Mr. J. E. R., an electrical linesman of Durham, felt when biliousness was his trouble, and why he started to take Bile Beans.

He writes: "Remembering my father was a great believer in Bile Beans years ago, I started taking them. They proved most beneficial, brought me wonderful relief from biliousness and headaches, put my liver right, and gave me A.1 health." One cause of biliousness is constipation. The system needs thorough, regular cleansing. If Nature cannot do this alone, it needs help. This is given gently and effectively by Bile Beans, the purely vegetable family laxative.

Impurities left in your system by faulty elimination are cleared away; sluggishness that was causing the bother goes with them. You feel easier after meals. You worry less about things that were "getting on your nerves." You do your work cheerfully and enjoy your leisure more.

For better health and brighter spirits take Bile Beans, just a couple at bedtime.

MOTHERCRAFT

A LITTLE BOOK THAT IS PHILOSOPHER AND FRIEND

Mothercraft is a never-ending vigil. Just as necessary through school years as in babyhood. And now—when every child must be on tip-toe with alertness—mother needs a handy guide to health and well being on which she can absolutely rely.

That is why Steedman's famous little red book, "Hints to Mothers," is in greater demand than ever. So neat and concise, it deals adequately with the treatment of all childish ailments.

For these same Steedman's Powders, that are invaluable through teething time and babyhood, are just as beneficial during school years. They ensure that gentle regularity and purity of blood stream which maintain health and zest.

So give Steedman's Powder from teething to teens. Still only two-pence per powder and stamped with the double EE on every wrapper. And, meanwhile, send a P.C. for your copy of "Hints to Mothers," free and post free from John Steedman & Co., 272, Walworth Rd., London, S.E.17.

COUGH!
COUGH!
CUNIC



was for a brass band as the people appreciated the selections.

Mr. O'Keeffe suggested that they appoint a small committee to go into the matter.

After a further discussion it was decided that some of the Confraternity prefects who were members of the Band Committee be asked to attend a meeting to discuss the matter in conjunction with members of the Development Association, and that the Parish Priest be invited to the meeting.

DEATH OF MISS Q. HINCHY. BRUFF

The death occurred of Miss Queenie Hinchy, Main Street, Bruff, eldest daughter of the late Mr. and Mrs. Andrew C. Hinchy, Bruff.

The late Miss Hinchy belonged to a very much esteemed family in the district and her late father carried on a very extensive business as merchant in Bruff for a number of years. She taught for some years at the old Adelaide School, Bruff, and was brother of Mr. Robert Hinchy, Bank Official.

There was a large attendance at the interment, which took place at the Protestant Church Grounds, Bruff, after service.

Chief mourners were: Mr. Robert Hinchy (brother); Misses Gladys and Victoria Hinchy (sisters).

BRUFF OLD AGE PENSIONS COMMITTEE

Very Rev. D. Canon O'Riordan, P.P., presided at a meeting of the Bruff Old Age Pensions sub-committee.

There were three claims and three questions for consideration. Two of the claims were recommended at the maximum rate of 10/- each and the other one at 7/-.

The first question, which was raised by the Officer, disqualified a pensioner owing to increased means, and the Committee agreed to this; the second question, raised by a pensioner, for increase, was disallowed; and the third question, by a pensioner, to have his pension increased from 2/- to the maximum amount, was recommended by the meeting.

PILES

ENTIRELY NEW FORMULA BRINGS QUICK RELIEF

Why suffer any longer when from your chemist you can now obtain Zamcones, latest product of C. F. Fulford Ltd.

aggressive type.

Justice—I don't know if you want him bound to Superintendent.

Superintendent—I would ask you that, your Worship.

Justice—You may be a very able young man, deferential, but when this appears that when this well with you, you become sive. I will fine you 10/- to bind you to the peace for years.

LAMPS NOT LIGHTED

Evelyn R. Tibbett, Ballymallock, was summoned having the several lamps on her motor van on the 19th of September.

Sergeant Duffy gave notice of the offence taken by the defendant, Toureen, Croom.

There being no appearance on behalf of the defendant, a fine of 10/- was imposed.

Michael Griffin, Croom, was similarly summoned in respect of a motor tractor.

Sergeant Duffy said that the offence took place on the 19th of September at Croom.

The defendant, who was fined 10/-.

Joseph Mulcahy, Drogheda, Bruff, was summoned in respect of a motor tractor.

Sergeant Duffy gave notice that the offence was committed on the 22nd of September at Croom.

The Justice took into consideration that the defendant was a good character and reduced a fine of 20/- to 10/-.

Michael Barrett, Newmarket, Co. Cork, was summoned in respect of a pedal bicycle in a case where more than two were proceeding abreast on the road.

Guard Keogh said that the offence took place at the junction of Croom on the 19th of September.

The defendant, answered the Justice, said he was not committing an offence at the time.

Justice—Well, you are three in a line. The defendant, who said he would know in future, was committed to the Probation Department under the Probation Act.

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GOT WRONG TAX

Guard D. O'Daly, Denis O'Connell, 3, Greenfield, Ballinacurra, Limerick, was summoned for a motor van for the carriage of goods whereas the van was taxed only for private purposes.

Evidence was given that the defendant was questioned on the 27th of September.